



6 September 2018

NUT ALLERGIES

Dear Parents and Carers,

There are several students at The Ongar Academy this year who have severe, life-threatening allergies to nuts.

These allergies can cause anaphylactic shock which requires urgent life-saving medical treatment. Some of our students can also be affected by inhaling airborne particles from nuts.

We would therefore ask you to ensure that your son/daughter does not bring nuts to school in any form.

Please consider less obvious sources of nuts besides peanut butter such as Nutella, M&Ms and health bars which may contain nuts. This will help us to ensure that our environment is as safe as possible, in addition to the fact that we already run a nut-free canteen and that no nuts are used in recipes during food technology lessons.

We apologise for the inconvenience that this may cause as we in no way wish to restrict the range of foods that students can eat, but in this situation we must prioritise the safety and wellbeing of several of our students over food choice.

Thank you for your cooperation with this.

Yours sincerely

Mr Osborne
Headteacher (Acting)

INSPIRING EXCELLENCE

