

Congratulations! You are one of the lucky Year 10's from your school who has been selected to attend a Jack Petchey "Speak Out" Challenge! workshop.

The training is great fun and very interactive. The workshop includes speaking games and challenges and will follow your school timetable.

During the day you will

- Receive a "Speak Out" Challenge! workbook and certificate;
- Have the chance to speak several times and learn to think on your feet;
- Find out how to prepare a speech;
- Deliver a short speech based on a personal experience such as a holiday, an achievement or a memorable event;
- Deliver a longer speech about a subject of your choice;
- Learn how to speak in front of a group with more skill, confidence and enjoyment;
- Gain skills that will last a lifetime.

So what will YOU "Speak Out" about?

You may wish to think about what you want to speak about prior to the training day:

- Is there an issue or topic that you feel strongly about?
- Is there something you would like to change?
- Is there someone who inspires you or who has been influential in your life?

Begin to plan your speech now. Depending on your content you may wish to carry out some research, note down interesting ideas, facts, statistics, quotations or select stories to include.

Have a look at our website for some speech ideas. www.speakoutchallenge.com

The Jack Petchey "Speak Out" Challenge!

At the end of the workshop all participants will deliver a competition speech on a subject of their choice.

Up to 8 speakers will be selected to go through to the School Assembly competition stage of the "Speak Out" Challenge. These Assembly speakers receive a special certificate. The winner of the School Assembly competition will then go on to represent the school as a Regional Finalist.

At the Regional Final all Finalists will receive a framed certificate from a VIP and have several professional photos taken. A distinguished panel of judges will be assessing and judging each performance and the Finalists placed in the top three will win vouchers of £100 (1st), £50 (2nd) and £25 (3rd) and a trophy. Each Finalist will need an enthusiastic team of supporters from their school in the audience.

The Regional Champion may be selected to speak at next level of the "Speak Out" Challenge! - the Jack Petchey "Speak Out" Challenge! Grand Final. The winner of the Grand Final will win £2000 for themselves and £3000 for their school.

"I think this is the best thing that has ever happened! THANK YOU SO VERY MUCH." Sumeet