



The
Ongar
Academy

Parental Bulletin - 11th January 2019
Week Commencing Monday 14th January 2019 will be B Week.

We encourage parents and carers to read our Parental Bulletin every week – we use this document to inform you of all important upcoming dates and events and it is the best way for you to stay informed. Any letters sent home, upcoming and past events, celebrations, important dates and fixtures are all in one document for your convenience.

WORD OF THE WEEK

Next week, the word of the week will be: Magnanimous.

Generous or forgiving, especially towards a rival or less powerful person.

Synonyms: generous, charitable, benevolent, beneficent, open-handed, big-hearted, great-hearted, munificent, bountiful, liberal, handsome, princely, altruistic, kind, kindly, philanthropic, chivalrous, noble.

We encourage you to discuss this word with your child.

THOUGHT OF THE WEEK

YOU CAN'T GO
back
AND CHANGE THE BEGINNING
BUT YOU CAN START
where you are
AND CHANGE THE ENDING

STARS OF THE WEEK

Year 7 – Emily Ford
Year 8 – Casey Nettle-Pavitt
Year 9 – Libby Rock
Year 10 – Jamie Sheridan

TERM DATES

Our term dates for 2019-20 will be published next week, and sent out to our parents and carers.

CELLFIELD – ESSEX

Please see attached flyer with further information regarding Cellfield Essex's Free Information Morning regarding Dyslexia. This will be hosted by their Specialist Teacher and Assessor and is open to all Parents, Carers, Teachers and SENCO's.

OPTIONS EVENING

Our Year 9 Options Evening will be held during the Spring term. More information will follow shortly.

DEBATE CLUB

Mrs Suttle would love to see more students at her public speaking and debate club. This is an incredibly useful skill to develop and would help students with their self-esteem, confidence and reading and writing skills. We will be holding debates on some really engaging and current topics such as social media, mental health, body image, terrorism, Brexit and any topic that students are interested in. We will also be looking into the art of public speaking and watching some famous speakers. Eventually we plan to enter public speaking and debating competitions and compete against other schools in Essex. Please do encourage your child to come to this club after school every Thursday in S9.

ROADWORKS

We are aware that Fyfield Road will be closing towards Fyfield from Monday 14th January. This will not affect the entrance to the school, however we do ask parents and carers to factor this into travel time, as traffic levels will increase throughout Ongar and surrounding areas as a result of this. Students will not be penalised for lates due to traffic issues in extenuating circumstances.

We understand that this may be frustrating for our parents and carers. We appreciate your support with this matter, which is beyond our control.

LETTERS SENT HOME

The following letters have been sent home with our students this week, and are available on our website under Parents Zone – Letters Sent Home

- Important Dates for Spring Term
- Year 10 Parents Evening

WINTER ATTIRE

Please encourage your son/daughter to wear a winter coat! So many of our students do not have the appropriate outerwear, and during flu season, we want our students to stay warm and safe.

COMMUNICATION

Please find below contact details for the Heads of Faculties:

English	Mrs Suttle	staffpsu@theongaracademy.org
Maths and Computing	Mr Simpson	staffjsi@theongaracademy.org
Science	Mrs Manning	staffema@theongaracademy.org
Humanities	Mr Hadley	staffsha@theongaracademy.org
Creative Arts/PE	Mrs Clark	stafflcl@theongaracademy.org
Technology and Art	Mr Savill	staffgsa@theongaracademy.org
Modern Foreign Languages	Mr Diaz-Ward	staffsdi@theongaracademy.org

If you need to contact the Headteacher please use the following email address:
head@theongaracademy.org

For any queries regarding your Wisepay account, please use the following email address:
wisepay@theongaracademy.org

Our staff will endeavour to respond within **24 hours**.

SOCIAL MEDIA

We would like to thank our parents and carers for their positive feedback via social media. We appreciate your ongoing support!

Please make sure to keep an eye on our Facebook and Twitter accounts for regular updates, both using the handle @theongaracademy

DATES TO REMEMBER – SPRING TERM – HALF TERM 1

Please note that these dates are finalised/confirmed. Some events have been moved, all information for future events will be sent out to parents and carers nearer the date of the event.

Date	Event
Thursday 17 th January	Year 10 – Parents' Evening
Friday 18 th January	Year 8 – HPV Vaccine
Monday 4 th February – Friday 8 th February	KS3 Assessment Week
Thursday 7 th February	Intermediate Maths Challenge
Monday 18 th February – Friday 22 nd February	Half Term
Monday 25 th February – Friday 1 st March	Year 10 – Exam Week
Thursday 28 th March	Year 9 – Parents' Evening
Friday 5 th April	Year 9 – Diphtheria, Tetanus, Polio & Meningitis Vaccine
Friday 5 th April	End of Spring Term – School Closes

FIXTURES – JANUARY

To keep up to date with our latest results, please keep an eye on our PE departments Twitter page, via the handle @OngarPE, and encourage your son/daughter to regularly check the PE board and their MILK accounts for more information regarding fixtures.

Date	Event
Monday 14 th January	Year 8/9 Basketball vs. West Hatch (H) – Finish at 5:00pm
Wednesday 16 th January	Year 10 Basketball vs. West Hatch (H) – Finish at 5:00pm
	Y7/8/9 Netball vs. Epping St. Johns (H) – Finish at 5:00pm
	Year 7 Football @ Passmoores – Back at TOA 5:45pm
Thursday 17 th January	Year 7 Basketball Festival – Back at TOA 6:00pm

PTA UPDATE

If you would like to support us at any events coming up this year, please let us know at [**ongarpta@gmail.com**](mailto:ongarpta@gmail.com). Follow us on Facebook via **THE ONGAR ACADEMY PTA**. You can also contact us on twitter **@ongarpta**

If you do have any issues related to school which you would like to discuss, please do not hesitate to contact the school office.

NHS GUIDELINES

For quick reference, the NHS guidelines will remain on our bulletin. We would like to remind parents/carers that we strictly adhere to these guidelines when it comes to authorising student absences

What it's called	What it's like	Going to school	Getting treatment	More advice
Chicken Pox	Rash begins as small, red, flat spots that develop into itchy fluid-filled blisters	●	Pharmacy	Back to school 5 days after on-set of the rash
Common Cold	Runny nose, sneezing, sore throat	●	Pharmacy	Ensure good hand hygiene
Conjunctivitis	Teary, red, itchy, painful eye(s)	●	Pharmacy	Try not to touch eye to avoid spreading
Flu	Fever, cough, sneezing, runny nose, headache, body aches and pain, exhaustion, sore throat	●	Pharmacy	Ensure good hand hygiene
German measles	Fever, tiredness. Raised, red, rash that starts on the face and spreads downwards.	●	G.P.	Back to school 6 days from on-set of rash
Glandular fever	high temperature, sore throat; usually more painful than any before and swollen glands	●	G.P.	Child needs to be physically able to concentrate
Hand, foot & mouth disease	Fever, sore throat, headache, small painful blisters inside the mouth on tongue and gums (may appear on hands and feet)	●	G.P.	Only need to stay off ill feeling too ill for school
Head lice	Itchy scalp (may be worse at night)	●	Pharmacy	
Impetigo	Clusters of red bumps or blisters surrounded by area of redness	●	G.P.	Back to school when lesions crust or 48 hours after start of antibiotics
Measles	Fever, cough, runny nose, and watery inflamed eyes. Small red spots with white or bluish white centres in the mouth, red, blotchy rash	●	G.P.	Back to school 4 days from on-set of rash
Ringworm	Red ring shaped rash, may be itchy rash may be dry and scaly or wet and crusty	●	G.P.	
Scabies	Intense itching, pimple – like rash Itching and rash may be all over the body but commonly between the fingers, wrists, elbows, arm	●	G.P.	Back to school after first treatment
Shingles	Pain, itching, or tingling along the affected nerve pathway. Blister-type rash	●	G.P.	Only stay off school if rash is weeping and cannot be covered
Sickness bug/ diarrhoea	Stomach cramps, nausea, vomiting and diarrhoea	●	Pharmacy	See GP if symptoms persist after 48 hours
Threadworms	Intense itchiness around anus	●	Pharmacy	Ensure good hand hygiene
Tonsillitis	Intense Sore throat	●	Pharmacy	See GP if temperature lasts more than 48 hours or cannot swallow
Whooping cough	Violent coughing, over and over, until child inhales with "whooping" sound to get air into lungs	●	G.P.	Back to school after 5 days of antibiotics or 21 days from onset of illness

See www.patient.co.uk for further information on each of these conditions

This leaflet has been produced in partnership between



This information is a guide and has been checked by health professionals however, if you are unsure about your child's wellbeing we recommend you contact your pharmacy or GP to check.